

CAREER PLANNING WORKSHOP

SATURDAY 29 MAY 2021

GOLDFIELDS KALGOORLIE 9.00am to 5.00pm



Rural Health West is pleased to host a FREE Career Planning Workshop and Networking Event for health professionals. The workshop and networking event will be held on Saturday 29 May 2021 at The Plaza Hotel, 45 Egan Street, Kalgoorlie.

Workshop

The Career Planning Workshop will assist health professionals establish a career path and identify opportunities in rural Western Australia. This workshop is for all health professionals, including medical practitioners, nurses, midwives and allied health practitioners, providing practical knowledge and skills to develop personal career goals and plans.

Throughout the workshop, participants will consider:

- Personal values and motivation
- Personality types and working with others
- The importance of self-care
- Exploring short, medium and long-term goals
- Understanding career development, career planning and career mission statements
- Exploring your strengths, weaknesses and opportunities, and what barriers may need to be considered
- The value of mentors and support

Networking Event

The Career Planning Workshop will be followed by a Sundowner Networking Event from 5.00pm to 7.00pm for workshop participants.

REGISTER NOW LIMITED PLACES AVAILABLE

To register, please visit:

ruralhealthwest.eventsair.com/rcpw

For more information, please contact: Rural Health West Choose Country team

- T 08 6389 4500
- **E** choose.country@ruralhealthwest.com.au
- See detailed program overleaf.





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9.00am to 5.00pm

WORKSHOP PROGRAM

This one-day workshop provides participants with practical skills in setting achievable personal and business goals while taking care of yourself. Gain insightful hints and tips on goal setting, self-care and career management.

9.00am	Registration
9.30am	Welcome and purpose
10.00am	Personality profiling
11.00am	Morning tea
11.20am	Self-care wheel and goal setting
1.00pm	Lunch
1.40pm	Personal SWOT and PESTLE analysis
	Mission statements
	Identifying mentors
3.20pm	Afternoon tea
3.30pm	What would you do if
	Identifying your networks
4.45pm	Feedback and close
5.00pm	Sundowner Networking Event