



Register Now

A PRACTICAL GUIDE TO PERSISTENT PAIN THERAPY

2-DAY WORKSHOP KALGOORLIE | AUGUST 24TH-25TH, 2024

THIS INTERNATIONALLY RECOGNISED COURSE WILL HELP YOU DEVELOP A RANGE OF ENGAGING, PRACTICAL SKILLS SO THAT YOU CAN HELP PEOPLE MAKE SENSE OF PAIN AND OVERCOME IT.

HELP PEOPLE FEEL BELIEVED

Understand the relationship between pain, perception & behaviour change without them thinking it's "all in their head"

CREATE DYNAMIC INTER-ACTION

Learn creative ways to help people make sense of pain using interactive experiments involving taste, touch and hearing!

COMBINE A BSP APPROACH

Learn to combine manual therapy and exercise skills with a biopsychosocial approach.

BECOME A BETTER TEACHER

Guide people who become stuck, empower people who feel hopeless, engage people who feel bored.

EXPAND YOUR TOOLKIT

Optimise patient education by expanding your teaching toolkit & applying educational theories to your practice

EMPOWER PATIENT EXPRESSION

Help people express their experience of living with pain through a range of engaging & empowering communication skills.

INTEGRATE NEW TECHNIQUES

Explore motivational interviewing, CBT, acceptance and commitment therapy, mindfulness & cognitive bias modification

EXPLORE CASE STUDIES

Delve into a variety of case studies to give you an opportunity to use what you've learnt

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MIKE STEWART

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Mike is a physiotherapist and visiting university lecturer with twenty years of experience managing complex, persistent pain conditions. In addition, he is a dedicated practice-based educator committed to providing evidence-based education to a wide variety of health professionals. His Know Pain workshops have provided clinicians around the world with practical pain education skills.

The challenge of successfully managing persistent pain can be one of the most daunting for both clinicians and people in pain who are often frustrated after failed short-term interventions. It is often difficult to understand and explain high and prolonged levels of pain where a traditional tissue based cause is lacking.

This course explores a cutting edge, patient centered approach using a variety of practical learning methods to help your patients make sense and overcome their pain. It provides a range of practical applications and innovative learning methods to take into your clinic for immediate results. The course content blends a wide range of contemporary evidence from both educational and healthcare literature



**Cost: \$475 - register via QR code
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